
THE TRUMPET

An instrument of good news for our community

MAY 17, 2020

SIXTH SUNDAY OF EASTER

WE LOVE YOU AND WILL MISS YOU, LIZZIE!

Tune in this Sunday for our digital worship—Lizzie McManus, our Family Minister for the last two years, will be preaching one last time on her last day as a member of the St. Michael's staff. She is sad to be leaving St. Michael's but is looking forward to the next steps in her journey.

On Wednesday, May 20, at 10 am, Lizzie will graduate with a Diploma in Anglican Studies from the Seminary of the Southwest in a digital ceremony that will be available for viewing on the [SSW YouTube channel](#). She already received her MDiv degree from Duke University.

Lizzie will still be a part of the Episcopal Diocese of Texas, serving as curate at the Episcopal Church of the Cross in Lake Travis beginning in July. In June, she and her husband, the Rev. Jonathan McManus-Dail, will travel to North Carolina where Lizzie will be ordained, on the 6th, into the transitional diocese in her sending diocese.

Instrumental in so many of the creative steps the community has taken, both in terms of family ministry and in other ministries, such as the border pilgrimages, Lizzie said this, "I am so grateful for all the ways to have been a part of the work of building the kingdom of God here at St. Michael's!" We have definitely been graced by her presence and will miss her greatly.

Lizzie's SMEC email address, lizzie@st-michaels.org, will remain active for two weeks, if you'd like to reach out with good wishes and thanksgivings.



GLIMPSES OF GRACE

Thoughts for the Sixth Sunday of Easter by the Rev. Minerva Camarena Skeith

When we were first asked to shelter in place one question that came to mind was: What could be God's invitation to us and to our community? I wish I had a definitive answer after two months. However, I heard several hints.

One possible invitation is to be present in the moment. Working outside on our porch, I have heard more birds that I can ever remember hearing. I wonder if the birds have always been singing, but I have not heard or seen God's creation because I was so distracted by "more important things." What are you discovering or rediscovering?

Maybe it is an invitation to be more grateful. Grateful for the blessings in my life: my ministry, family, and resources. God has blessed me with this congregation that values people and connection. I know that more now because of the efforts we have made to stay connected even though physically apart. I know how blessed I am to have an extended family because of how much I miss not seeing and hugging them, eating meals together, and celebrating milestones. What are you grateful for in your life?

Another possible invitation is to know myself better. I have been running regularly for 17 years. However, I am discovering how much I enjoy the slower pace of walking. The opportunity to slow down, take deeper breaths. Literally to smell the flowers. By moving too quickly, I have missed things, both intentionally and unintentionally. I can use movement to avoid difficult situations instead of sitting with them and trusting that God is right alongside. What are you learning about yourself?

God is inviting us into deeper relationship; may we open our ears and hear God's call.

NEWS

HONORING OUR HIGH SCHOOL (AND OTHER) GRADUATES Graduation is nearly here, and even if we can't honor our graduates in person, we'd love to give them a shout out in other ways. *Parents of high school seniors*, please email Luis Rivas, Student Minister, at Lrivas@st-michaels.org—he's putting together a recognition. We would also like to name all of our graduates in the May 24 issue of the Trumpet, so send your graduate's name and a brief, one-sentence bio to Christine Havens at chavens@st-michaels.org by Wednesday, May 20.

BIRTHDAY & ANNIVERSARY PRAYERS DURING SUNDAY WORSHIP A prayer for birthdays and anniversaries has been added near the end of the Sunday service. We would love to print names of parishioners celebrating one or both of those occasions in the worship bulletin and in the Trumpet. The **submission deadline is noon of the Wednesday** prior to when you'd like to receive a blessing; email to Christine Havens at chavens@st-michaels.org. We also encourage you to type your requests in the Facebook Live chat feed on Sundays during the service.

WOMEN'S VIRTUAL POTLUCK Need an evening of friendship with other St. Michael's women? Join the next Virtual Potluck via Zoom on Wednesday, May 20, at 6:00 pm. Please contact Becky Brindley at rbbrindley@yahoo.com for the Zoom meeting link.

SHARING YOUR STORIES Thank you to the folks who have sent photos and videos or shared them by tagging us on Facebook—they are marvelous and beloved! Keep them coming! If you post something on your Facebook page or on Instagram, please consider tagging St. Michael's, so that we can see it more easily. Just type @St.Michaels.Austin anywhere in your post (it should become a blue link) and viola! Please send items to Christine Havens, Admin and Communication Assistant, at chavens@st-michaels.org. Photos should be sent at the highest resolution possible. Please keep videos to about 3 min.

ADULT SUNDAY SCHOOL ON ZOOM SUNDAY at 12:00 PM It has been 15-20 years since the Gospel of John was written. What is the community up to? How are they doing? What have they learned, and what are they fighting about? Join us Sunday for a discussion of 1 John and we shall see! Please email jnewton@st-michaels.org for Zoom info.

ST. MICHAEL'S BOOK CLUB RESUMES! All are welcome to join the next book group discussion at **2:30 pm on May 27**, which will probably be via Zoom. May's book selection is *Their Eyes Were Watching God* by Zora Neale Hurston. Please email Jackie King at jsking2010@yahoo.com for meeting ID and link; any updates regarding location will also be shared in upcoming Trumpets.

MORNING PRAYER ON ZOOM Join Mthr. Minerva and others for Morning Prayer each **Tuesday morning at 9:00 am** on Zoom. Please email mskeith@st-michaels.org for Zoom meeting link.

EVENING PRAYER VIA ZOOM Led by Fr. John **each Wednesday at 4:30 pm**. Please email jnewton@st-michaels.org for the Zoom meeting info.

VIRTUAL BIBLE STUDY MEETS VIA ZOOM Mother Minerva leads the weekly **Tuesday Bible Study at 1:00 pm**, via Zoom. Please email mskeith@st-michaels.org for the Zoom link and meeting ID.

CENTERING PRAYER IS NOW MEETING ONLINE This ministry is available every **Tuesday night at 6:30 pm**. Please email Phyllis Blees with questions: phyllis.blees@gmail.com or for the Zoom meeting link and ID.

SEEKERS BOOK DISCUSSION GROUP ON ZOOM—NEW TIME! The Seekers are currently reading *Divine Dance: The Trinity and Your Transformation* by Richard Rohr and Mike Morrell. They are meeting via Zoom at **9:15 am each Sunday**. Please email Phyllis Blees at phyllis.blees@gmail.com for the Zoom meeting info.

SPIRITUAL DIRECTION AVAILABLE One of our parishioners, Sally Lombardo, is offering free spiritual direction to St. Michael's parishioners during this time. Sally has an MDiv from Truett Seminary at Baylor and a Certificate in Spiritual Direction. Sally lives in Barton Creek and is happy to meet via FaceTime. If you are interested, please email Sally at shlombardo@gmail.com.

FAMILY MINISTRY

VACATION BIBLE CAMP (VBC) POSTPONED Amanda Lang is sorry to announce that our Off to Oz VBC has been postponed. Stay tuned for any updates later in the summer. If you have questions, please email lizzie@st-michaels.org or amanda@st-michaels.org.

STORYTIME WITH FAMILY MINISTER AMANDA ON FACEBOOK LIVE | THURSDAYS AT 1:00 PM Join us for the reading of two books that are fun for the whole family. While this event, like worship, is "live," the recording stays up on the St. Michael's Facebook page, so you can tune in whenever you're ready for some comedic relief and sweet tales. *Lasts about 20 minutes.*

CHILDREN'S CHAPEL IS POSTED TO FACEBOOK | SUNDAYS AT 11:30AM Rev. Hope and Family Minister Lizzie take turns leading a special message for kids, a story from the Bible, our favorite songs, and our five-finger prayer—just like we would do in Children's Chapel in person! *Lasts about 20 minutes.*

SUNDAY SCHOOL VIA ZOOM | SUNDAY 11:30 AM - 12:15 PM All kids (with a parent in the room) 5th grade and below are invited to join us for this time together where we make a craft (supply list sent out the week before), check in with each other, sing our favorite songs, and say prayers for each other. Parents must email Lizzie (lizzie@st-michaels.org) for the link to join. All welcome!

STUDENT MINISTRY

AUSTIN AREA EYC ON INSTAGRAM! The Austin Area EYC continues having fun activities at a safe distance. Follow [@austin_eyc](https://www.instagram.com/austin_eyc) on Instagram to stay connected to future opportunities for virtual worship and fun with other Episcopal youth from around the city. Direct Message on Instagram for Zoom links.

Please contact Luis Rivas, Student Minister, at Lrivas@st-michaels.org for updates on events that were scheduled to take place in May and beyond.

THIS WEEK'S PRAYERS

New Prayers

For Isabela (Bela) Carson, who is celebrating her 21st birthday on May 19.

For Kathie, Hope Benko's aunt, who is dying of cancer, and for Mary, Hope's mother, who is traveling to be with her.

For Melissa, sister of Marsha, who is grieving the loss of her daughter

For all victims of gun violence.

COVID-19 Related

In thanksgiving for Rosa, cousin of Lena Carson, who is home after being hospitalized with the virus; prayers as she returns to her work as a physician.

For all those living in eldercare facilities, and for the staff, and for their families.

For Stuart Wiggin, who is an EMT, that he might be safe and stay well.

Prayers for Drew Marye's stepsister, Sherry, who was diagnosed with COVID-19.

In thanksgiving that Karen, daughter of Mary Hermes, has fully recovered from the virus.

For Kory Killough, son of Lisa and Kirk, who is unemployed.

For all those without employment at this time.

For Greg Stiles, in Philadelphia, who is in the vulnerable, high-risk population.

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For Greg and Kelly's daughter, Amanda, who is pregnant.

For Hannah M.

All of our hospital workers, including J'aime, and Patty who works in Yale's ICU, and all who are keeping services for us.

Miriam Carrillo, and Alfred Carrillo, sister and brother of José, whose livelihoods have been affected by the public emergency.

For Ed Erdman.

RESOURCES

This is by no means an exhaustive list of available resources. Please feel free to email Christine Havens (chavens@st-michaels.org) with suggestions.

MEDICAL & MENTAL HEALTH

One Good Turn: <https://www.onegoodturn.org/covid-19-resources>

Texas Health & Human Services COVID-19 Mental Health Support Line: <https://files.constantcontact.com/8f1dee88001/d0a7b37e-45a2-4d63-aec6-ca2dd9aefb03.pdf>

PRAYER

Prayers for Use During the COVID-19 Pandemic: https://episcopalchurch.org/files/wol_prayers_for_pandemic_final.pdf

Society of Saint John the Evangelist: <https://www.ssje.org/>

Mission of St. Clare—Daily Office: <https://missionstclare.com/english/index.html>

Online Book of Common Prayer: <https://www.bcponline.org/>

Venite App: <https://www.venite.app/>

iACT's Daily Dose of Hope: <https://interfaithtexas.org/category/the-daily-dose-of-hope/>

EPISCOPAL CHURCH

Episcopal Diocese of Texas: www.epicenter.org

The Episcopal Church: <https://episcopalchurch.org/>

Article from the Office of Government Relations:

<https://episcopalchurch.org/posts/ogr/misinformation-disinformation-fake-news-why-do-we-care>

GROCERIES, PHARMACY, AND OTHER DELIVERY SERVICES

HEB Senior Grocery Delivery (via Favor): <https://favordelivery.com/seniors>

Special Shopping Times for Vulnerable Populations—USA Today Article: <https://www.usatoday.com/story/money/2020/03/17/coronavirus-shopping-stores-introduce-time-for-vulnerable-elderly-pregnant/5074064002/>

FINANCIAL ASSISTANCE—INDIVIDUALS & FAMILIES

United Way Emergency Food and Other Assistance: connectatx.org/

FINANCIAL ASSISTANCE-BUSINESSES

Small Business Association Disaster Relief: <https://disasterloan.sba.gov/ela/>

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A WORD ABOUT ALTAR FLOWER DEDICATIONS

Normally after Lent and Easter Sunday, we would have flower arrangements on the altar each week and would invite dedications in honor of loved ones and/or special occasions. However, during this time of encouraging safe social distancing practices, we will not be having flowers delivered.

If you have a dedication that you would normally request at this time of year, send it to Christine Havens (chavens@st-michaels.org) and we will publish them all once we are back to worshipping within the sanctuary together. Thank you to those who have sent dedications in already.



A PRAYER FOR SPIRITUAL COMMUNION

My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I desire to offer you praise and thanksgiving as I proclaim your resurrection. I love you above all things, and long for you in my soul. Since I cannot receive you in the Sacrament of your Body and Blood, come spiritually into my heart. Cleanse and strengthen me with your grace, Lord Jesus, and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come. Amen.

- From Washington National Cathedral; material adapted from Prayer of St. Alphonsus de Liguori (1696-1787) and A Prayer Book for the Armed Services 2007